**Kaua'i COVID-19 Resources**

In response to the COVID-19 crisis, our local nonprofits, community leaders, and local/state government have mobilized resources to support the most essential needs in our county. Some of those resources are listed here, including programs for everyone, from kupuna to keiki. Remember to check for updates on each program as benefits may expand or reduce anytime.

### Homeowners
- Government-guaranteed mortgages such as FHA, USDA, VA, HUD Sec 184, Fannie Mae, or Freddie Mac, are eligible for interest and penalty-free forbearance (payments can be paused) for at least 6 months and up to one year with no penalty.

### Renters
- During the COVID-19 crisis, evictions for failure to pay rents, leases, or other related charges, and increasing of rent are prohibited.
- Public housing, Section 8, USDA rural housing, or Low Income Housing Tax Credits program are eligible under the CARES Act for:
  - No evictions from March 27 to July 25.
  - After July 15, renters will be responsible for making payments.

### Shelters
- Houseless Hawaii residents must shelter in place or stay in the Emergency Shelter provided by Kauai Economic Opportunity INC (KEO). (808) 245-4077
- If houseless Hawaii residents wish to shelter in place at a County campground:
  - They are allowed to stay at Anini, Anahola, Lydgate, Salt Pond, or Lucy Wright parks. County officials are issuing required free permits to those who qualify.
  - Must abide by the County orders, respect park facilities, and maintain social distancing at all times.
  - Call first as some parks are already at capacity. (808) 241-4460
- YWCA provides emergency shelter for people experiencing domestic or sexual violence. (808) 245-5959

### Assistance
To check eligibility for forbearance or rent moratorium, contact:
- **HUD approved housing counselor** 1(800) 569-4287
- **Legal Aid Society of Hawaii** 1(800) 499-4302
- **Catholic Charities** can help with costs such as rent, security deposit, or utilities. HOPE line (808) 241-4673
- OHA’s **Emergency Assistance** - Kahiau Program supports mortgage payment, rent deposit, rent payment, & utility services for Native Hawaiians. https://www.hawaiiancouncil.org/kahiau (808) 784-4464
- The Department of Hawaiian Home Lands (DHHL) launched an Emergency Rental Assistance Program. 211 or visit http://dhhl.hawaii.gov/covid-19/
Utilities

Service providers are willing to waive late fees and maintain service for those affected by the pandemic. Contact each one directly to find out your options.

- **Sewer** will waive the fee for online payment. (808) 241-4082
- **Kauai Water Dept** will waive late fees. (808) 245-5400
- **Kauai Island Utility Cooperative** (KIUC) will suspend service disconnections. (808) 246-4300
- **AmeriGas** will suspend late fees and disconnections through May 18. 1(800) 263-74427
- **HawaiiGas** will offer payment plans and not discontinue services (808) 245-3301
- **Spectrum** will waive late fees and not terminate services. (855) 273-7629
- **AT&T** will waive late fees or data overage charges. 1(800) 288-2020
- **Verizon Wireless** will not charge a late fees or terminate services through June 30. (800) 922-0204

**Assistance**

- The Low Income Home Energy Assistance Program (LIHEAP) can provide support for electric or gas bills. Contact KEO at keo@keoinc.org or (808) 245-4077
- **Temporary Assistance for Needy Families** (TANF) can provide monthly cash benefits to families for food, shelter, and other essentials. 1(855) 643-1643
- **ModestNeeds.org** provides grants to assist those at risk for homelessness. Apply online www.modestneeds.org/for-applicants/apply-for-help.asp (844) 667-3776
- **Queen Liliuokalani Trust** provides kōkua through one-time emergency financial assistance for Native Hawaiian families who qualify. (808) 466-8102

**UNEMPLOYMENT**

The Department of Labor and Industrial Relations (DLIR) is supporting impacted Hawaii workers to access the benefits they are eligible for. (833) 901-2275

- Apply for Unemployment Compensation (UC) online http://labor.hawaii.gov/ui/
  - The CARES Act provides an additional $600 per week for beneficiaries through July 31.
  - You may also qualify if your work hours have been cut or reduced to zero but you are still employed.
  - For those self-employed or who are not usually eligible for UC, Pandemic Unemployment Assistance (PUA) is receiving applications online http://pua.hawaii.gov

**FINANCIAL INSTITUTIONS**

Banks and unions are willing to provide loan deferral with extensions for credits and/or personal, auto, and mortgage loans.

- **Bank of Hawaii** (808) 694-1500
- **First Hawaiian Bank** (808) 844-4444
- **American Savings Bank** (808) 846-4645
- **Gather Federal Credit Union** (808) 245-6791
- **Garden Island Federal Credit Union** (808) 245-2712

For more information on resources Call 211 - Aloha United Way (AUW) or KEMA (808) 241-1800.

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**CHILDCARE & CHILDREN’S PROGRAMS**

- For those working in essential services, the local agency for childcare resources and referrals can help you find affordable options. Contact PATCH (People Attentive to Children) and leave a message with your phone number. mkelley@patch-hi.org or (808) 246-0622
- Child Care Connection Hawaii offers subsidy programs for families meeting the income eligibility requirements. (808) 245-2193 http://humanservices.hawaii.gov/bessd/ccch-subsidies/
- The Early Intervention program supports the development of infants from birth to 3 years of age. Contact Easter Seals Kauai at (808) 245-7141
- Institute for Native Pacific Education and Culture Help (INPEACE) supports families looking for childcare and completing subsidy forms laciec@inpeace.org (808) 245-0045

**MENTAL & BEHAVIORAL HEALTH**

It is common to feel stressed or anxious during this time, but even when you don’t have full control of a situation, there are things you can do:

- Choose one or two trusted sources for COVID-19 and check them only once or twice a day.
- Follow healthy daily routines as much as possible:
  - Even simple actions such as making your bed, keeping a schedule, and making time for breaks can make a difference.
  - Take care of yourself through exercise and movement.
  - Maintain your social networks and stay connected.
- Do meaningful things with your free time:
  - Read a book, learn a new skill, take an online course, volunteer, do tasks around your home, etc.

**Other Programs**

- Queen Liliuokalani Trust: Social services for Native Hawaiian families. (808) 245-1873
- Hale Opio: Case management for youth via phone. (808) 245-2873
- Keiki to Career: Information and support for parents and children. Check their FB page. (808) 632-2005
- YWCA: Case management and crisis intervention (call-outs only). Domestic Violence Line (808) 245-6362 – Crisis (808) 245-4144
- The Executive Office on Early Learning has a website with resources for families with children from before birth through kindergarten. Visit http://sites.google.com/eoel.hawaii.gov/covid-19/home

**Resources**

- Child & Adolescent: Kauai Family Guidance Center’s Care Coordinators provide case management services as part of a clinical team with CAMHD psychologists and psychiatrists. (808) 274-3883
- Adult Mental Health: Case and medication management. For information regarding eligibility and services call (808) 643-2643
- Suicide Prevention Resource Center provides 24/7, free and confidential support for people in distress and crisis resources for you or your loved ones, 1(800) 273-8255
  - Online CHAT and options for Deaf & Hard of Hearing available.
- If you or someone you love are experiencing COVID-19 related emotional or mental health issues, 1(800) 753-6879 or text the word “ALOHA” to 741741 for support.

For more information on resources Call 211 - Aloha United Way (AUW) or KEMA (808) 241-1800.

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HEALTH CARE ACCESS

More doctors and healthcare providers are offering telehealth appointments to protect you and your family while providing services. Remember to contact your insurance before accessing telehealth services.

- **HMSA** is waiving all cost sharing and deductibles for fully insured commercial, Medicare Advantage, and QUEST Integration members who use telehealth visits. (808) 948-6079
- **Kaiser Permanente** offers online, phone appointments, and 24/7 advice lines. (808) 246-5600
- Call the **Pacific Basin Telehealth Resource Center** for more information. (808) 956-2514

**COVID-19 TESTING**

If you believe you have been exposed to COVID-19 or develop any symptoms, contact your primary care provider (PCP). Only a doctor can decide if you need to be tested. **Symptoms** include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and new loss of taste or smell.

- The University of Hawaii offers a similar online screening tool and language access. Visit [https://hawaii.virtriage.com/#/uh_covid19](https://hawaii.virtriage.com/#/uh_covid19) or (808) 692-1060
- Hawaii Pacific Health - Wilcox offers a **Virtual Clinic** to address your symptoms without visiting a doctor’s office. The Virtual Clinic operates daily from 8am to 8pm. (808) 462-5430
- For those who do not have a primary care doctor,
  - Ho’ola Lahui Hawai’i offers affordable care for uninsured individuals. (808) 240-0100
  - Kauai Medical Clinic offers telephone visits. (808) 245-1504

**Assistance**

If you do not have Health Insurance, contact:

- **Ho’ola Lahui Hawai’i** to access affordable health care with the Ho’ola Cares Discount Program. (808) 240-0100
- Med-QUEST to apply for Medicaid benefits, you may be eligible now!
  - Online: [https://medical.mybenefits.hawaii.gov](https://medical.mybenefits.hawaii.gov)
  - (808) 316-8005

For more information on resources Call 211 - Aloha United Way (AUW) or KEMA (808) 241-1800.

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**Testing Sites**

The following locations are offering drive-up specimen collection for COVID-19 testing. Availability and hours subject to change, please call first:

- Kaua’i Veterans Memorial Hospital (808) 338-9431
- Wilcox Medical Center, Lihu’e. (808) 245-1100
- Kaua’i Medical Clinic, Kapaa. (808) 245-1100
- Anaina Hou Community Park, Kilauea. Remember to bring your doctor’s order for the test, a valid ID, and your insurance card.
Keiki

- DOE is providing **GRAB & GO** breakfast (7:30-8am) and lunch (11:30am-12pm) to every child up to 18 years old and adults with special needs up to 22 years old.
  - Kekaha EL, Waimea High, Koloa EL, Chiefess Kamakahelei, Kapaa High, and Kilauea EL.
- Kilauea Keiki Food Drive-Thru. Common Ground in Kilauea. Subject to availability. Call first. ☏️ (808) 828-0685 x23
- Malama Kauai is fundraising for a Keiki CSA Box Program for children facing barriers to food access. Sponsor a Keiki CSA Box or email farmtoschool@malamakauai.org

Kupuna

- Agency of Elderly Affairs (AEA) is providing assistance to all kupunas ☏️ (808) 241-4470
  - **Meals on Wheels** provides food delivery to homebound seniors. Call AEA to be referred to a social worker who can help you access this and other resources for seniors.
  - AEA assisted with the intake for Kupuna Kare Program for produce delivery for seniors 70+ years old. **Program currently not receiving applications.**
- Kumano I Ke Ala in Waimea offers meals every Friday from 5-6pm for seniors 65+. Email kumanoikeala@gmail.com
- **StayHomeKauai.com** can provide assistance to adults 65+
  - Email stayhomekauai@gmail.com
- **Our Kupuna** can deliver food and supplies to adults 65+ so they do not have to leave their home. ☏️ (808) 400-4506

Food Emergency Meals & Pantries

**This list includes pantries, meals, and emergency food providers for those facing food insecurity. The availability of food services changes daily, please CALL before visiting any center.** For the most UP TO DATE LIST, please ☏️ (808) 828-0685 x23 or visit [www.malamakauai.org/mk/kauai-emergency-food-resources/](http://www.malamakauai.org/mk/kauai-emergency-food-resources/)

**North**
- St. William Church at Hanalei Colony Resort, Haena ☏️ (808) 346-2850
- St. William Church, Hanalei ☏️ (808) 346-2850
- Church of the Pacific, Princeville ☏️ (808) 826-6481
- North Shore Food Pantry, Kilauea. Anaina Hou Community Park ☏️ (970) 618-8889

**East**
- Anahola Beach Park, Anahola.
- U-Turn for Christ, Anahola ☏️ (808) 778-4751
- Hale Ho’omalu, Kapaa ☏️ (808) 821-2520
- Boys and Girls Club, Kapaa ☏️ (808) 821-4406
- Kapaa Missionary Church ☏️ (808) 822-5594
- The Kauai Store, Kapaa ☏️ (808) 631-1179
- Kauai Lighthouse Outreach Center, Kapaa ☏️ (808) 631-1179

**Central**
- Kings Chapel, Hanamaulu ☏️ (808) 335-6845
- Hui O N Makuhine, Central coverage area ☏️ (808) 639-1070
- KEO, Lihue ☏️ (808) 245-4077
- Boys & Girls Club, Kauai Memorial Convention Hall ☏️ (808) 245-3796
- Lihue Salvation Army ☏️ (808) 245-2571
- QUIC’s Kipuka Kaua’i, Lihue ☏️ (808) 245-1873

**South**
- Kauai Bible Church, Omao ☏️ (808) 742-7514
- Kalaeo Missionary Church ☏️ (808) 332-9916.
- Holy Cross/Sacred Heart, Kalaeo ☏️ (808) 651-9725

**West**
- King’s Chapel, Elele ☏️ (808) 335-6845
- Elele Baptist Church ☏️ (808) 332-5906
- Hanapepe Salvation Army ☏️ (808) 335-5441
- Nana’s House, Waimea ☏️ (808) 338-0252
- Boys and Girls Club, Waimea ☏️ (808) 482-2087
- Westside Christian Center AOG, Kekaha ☏️ (808) 643-7040

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Supplemental Resources

The CARES Act provides supplemental funding for nutrition programs. You may be eligible for one or more programs:

- **SNAP:** [Supplemental Nutrition Assistance Program](tel:(808) 274-3371)
- **WIC:** [Supplemental Nutrition for Women, Infants, and Children](tel:(808) 241-3080)
- **Public Assistance:** (855) 643-1643

Community Resources

- The County of Kauai is providing food boxes on different sites around the Island for families who are food insecure. Saturdays at 2 pm, site changes weekly (808) 241-1800
- **Early Head Start Program** (808) 245-5914
- **Hawaii Food Bank-Kauai Branch** (808) 482-2224
- **Kauai Independent Food Bank** (808) 246-3809
- **E Ola Mau Nau Leo O Kekaha** offers fish and food delivery in Kekaha. (808) 643-7040
- If you need assistance feeding your pets during this time, contact [The Kauai Humane Society](tel:(808) 632-0610)

Support Local

Buy from Kauai farmers, ranchers, restaurants, and retailers whenever possible:

- Visit the [Web Mapping Application](https://www.kauai.gov/COVID-19) for a list of restaurants & grocery stores open during the pandemic. Pick up and delivery options available.
- ‘Āina Ho’okupu o Kilauea offers fresh produce for pick up.
- Visit [Grove Farm](https://grovefarm.com)'s website for information on their produce market in Puhi.
- Malama Kauai’s [Local Produce List](https://www.malamakauai.org/mk/kauai-food-systems-resources/) provides information on farmers, meat, & retail markets. It also includes CSAs, deliveries, roadside stands, and on-farm pickups.

KEY ONLINE RESOURCES

- Resources for Hawai’i During the Coronavirus Pandemic, Senator Brian Schatz [www.schatz.senate.gov/coronavirus](https://www.schatz.senate.gov/coronavirus)
- Crowdsourced Hawaii COVID-19 Resources [resilienthawaii.org/](https://resilienthawaii.org/)
- Legal Aid COVID-19 Legal Help & Resources [www.legalaidhawaii.org/covid-19-legal-help--resources.html](https://www.legalaidhawaii.org/covid-19-legal-help--resources.html). Legal resources also available in [Marshallense](https://www.legalaidhawaii.org/covid-19-legal-help--resources.html) and [Chuukese](https://www.legalaidhawaii.org/covid-19-legal-help--resources.html) languages
- Malama Kauai: Kauai Local Food Connector [www.malamakauai.org/mk/kauai-food-systems-resources/](https://www.malamakauai.org/mk/kauai-food-systems-resources/)
- Hawai’i Food Resources During the COVID-19 Pandemic: Interactive Map [higicc.maps.arcgis.com/apps/MapSeries/index.html?appid=d2db01bc7d394f059b0481a1c13b8d1b](https://higicc.maps.arcgis.com/apps/MapSeries/index.html?appid=d2db01bc7d394f059b0481a1c13b8d1b)
- Kauai Emergency Management Agency (KEMA) [www.kauai.gov/COVID-19](https://www.kauai.gov/COVID-19)

Call 211 - Aloha United Way (AUW) for more information on food, shelter, financial assistance, parenting support, elderly care, disability services, & more. If your questions can’t be answered by AUW, please call KEMA (808) 241-1800

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